



Membership Options and Rates

Members receive discount on exercise classes.

Day Pass

One Day Pass	\$5
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Individual Memberships

Individual – monthly contract	\$35
Individual – 3 month contract	\$100
Individual – 6 month contract	\$192
Individual – 1 year contract	\$360

Family Memberships

Family Membership: One or two adults living in a household and their dependents, age 10-18.

Rates include up to 4 family members, age 10 and up; \$5 for each additional family member.

Family members ages 10-15 must be accompanied by adult member when using the Fitness Center.

Family – monthly contract	\$65
Family – 3 month contract	\$190
Family – 6 month contract	\$350
Family – 1 year contract	\$660

Student Memberships

Student – monthly contract	\$20
Student – 3 month contract	\$55
Student – 6 month contract	\$100
Student – 1 year contract	\$180

Fitness reimbursement programs

Mercy Fitness Center participates in several fitness reimbursement programs. You may be eligible to receive up to a \$20 reimbursement each month on dues paid for fitness center membership.

Mercy participates in fitness reimbursement programs from Blue Cross Blue Shield of Minnesota, HealthPartners®, Medica, PreferredOne and UCARE. For eligibility requirements, consult your plan.

SilverSneakers® and Silver & Fit

Mercy Fitness Center is a participating location for the SilverSneakers® program and the Silver & Fit program.